

Academy @ Worden



WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Spaghetti Bolognaise Italian classic, rich beef ragout served with pasta, and garlic bread	Potato & Meat Pie Hand made classic minced beef and potato pie, topped with a golden crust, with vegetables or beans	Curry of the day Tasty Indian spiced Ragout, studded with chicken, served with rice & Indian breads	Classic Beef Burger Healthier version of the high street classic, served with 'slaw & mixed salad	Chippy Day!! Battered white Fish or steak pud, served with chips, and peas or beans
Vegetarian Choice	Cheese & Tomato pasta bake Pasta bound in a rich tomato sauce, laced with garden herbs baked and gratinated with a cheese crust	Butter Pie Lancashire classic—fluffy potato teamed with onions baked in a pie Served with Beans	Quorn Sausage Pasta pot Pasta teamed with pieces of Quorn sausage, bound with a herby tomato sauce	Veggie Burger Tasty baked veggie burger served with crisp salad and mayo	Twice baked filled jacket Veggie friendly, filled potato, served with crisp mixed salad or beans
Snacks and Grab & Go	A selection of hot and cold ready to go lighter bites available	A selection of hot and cold ready to go lighter bites available	A selection of hot and cold ready to go lighter bites available	A selection of hot and cold ready to go lighter bites available	A selection of hot and cold ready to go lighter bites available
Other hot offers	Freshly made Pizza & Jacket potatoes - with various fillings and toppings	Freshly made Pizza & Jacket potatoes - with various fillings and toppings	Freshly made Pizza & Jacket potatoes - with various fillings and toppings	Freshly made Pizza & Jacket potatoes - with various fillings and toppings	Freshly made Pizza & Jacket potatoes - with various fillings and toppings
Seasonal Fresh Fruit & other treats	Selection of fresh fruit pots and whole pieces of fruit Yogurts & home bakes	Selection of fresh fruit pots and whole pieces of fruit Yogurts & home bakes	Selection of fresh fruit pots and whole pieces of fruit Yogurts & home bakes	Selection of fresh fruit pots and whole pieces of fruit Yogurts & home bakes	Selection of fresh fruit pots and whole pieces of fruit Yogurts & home bakes



Create your menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal					
Vegetarian Choice					
Seasonal Fresh Vegetables					
Dessert					
Seasonal Fresh Fruit	Selection of fresh fruit pots and whole pieces of fruit	Selection of fresh fruit pots and whole pieces of fruit	Selection of fresh fruit pots and whole pieces of fruit	Selection of fresh fruit pots and whole pieces of fruit	Selection of fresh fruit pots and whole pieces of fruit



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